

MONDAY	1:00-1:45pm	PILATES
	6:30-7:15pm	SPIN
TUESDAY	1:00-1:45pm	VINYASA FLOW YOGA
	6:30-7:30pm	BODYBURN
WEDNESDAY	1:00-1:45pm	BOOTCAMP
	6:30-7:15pm	INFINITY
THURSDAY	1:00-1:45pm	SPIN
	6:30-7:30pm	BODY CONDITIONING
FRIDAY	1:00-1:45pm	INFINITY
	6:30-7:15pm	SPIN
SATURDAY	10:00 –10:45am	SPIN

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Email to be added to
Microsoft Teams:
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